

SCOUT - Sport Clubs Opening Up To all girls' participation!

MOOC – Seminar 1

Inclusion

MOOC – Seminar 1

Jesús Soldevila Perez, in brief

PhD. Lecturer

**University of Vic - Central University of Catalonia (UVic-UCC
Barcelona, Spain). Coordinator of the Research Group on Attention to
Diversity and the educational advisor in the Down Catalonia
organization.**

Core subjects and research fields: Inclusion and Social Justice

Seminar contents

What is going to be learned in this seminar?

1 Inclusion as a Human Right

2 What is inclusion about?

Framework 1. Inclusion is about:

- **Creation of inclusive Cultures.**
- **Producing inclusive Policies.**
- **Evolving inclusive Practices.**

Framework 2. Inclusion is about:

- **Presence of all in the club.**
- **Participation of all in the club.**
- **Achievement of all in the club.**

Seminar contents

1 Inclusion as a Human Right

Participation in sport is recognized as a component of 'participation in the community's cultural life.

Women and girls are a marginalized group that can benefit from sports participation, as they are often excluded from sports programs and face gender marginalization in sports participation.

It is important to guarantee dignity and equal opportunities.

Seminar contents

1 Inclusion as a Human Right

We understand inclusion in sports from an intersectional perspective that wants to offer each person full respect, dignity, value and belonging, covering the entire population without distinction due to gender, race, culture, sexual orientation, religion, economic possibilities, etc.

To guarantee this right, it is essential that the clubs become aware of the importance of sport as an instrument of inclusion.

Seminar contents

1 Inclusion as a Human Right

Inclusion and exclusion are two sides of the same coin



Seminar contents

2 What is inclusion about?

Framework 1. Inclusion is about:

- **Creation of inclusive Cultures.**
- **Producing inclusive Policies.**
- **Evolving inclusive Practices.**

Seminar contents

2 What is inclusion about?

Framework 1. Inclusion is about:

Creating an inclusive culture in sports organizations is important to:

- **become aware of how inclusive the organization is today**
- **accept, respect and promote diversity**
- **develop more inclusive processes and build inclusive mindsets**
- **confronting inappropriate behaviour, encouraging positive interactions.**

Seminar contents

2 What is inclusion about?

Framework 1. Inclusion is about:

- **Creation of inclusive Cultures.**
- **Producing inclusive Policies.**
- **Evolving inclusive Practices.**

Seminar contents

2 What is inclusion about?

Framework 1. Inclusion is about:

Evolving inclusive practices in a sport club, it is important to:

- **provide opportunities for all individuals to participate in sports and fitness activities.**
- **give individuals positive social and health outcomes by being part of an inclusive sport environment**
- **make people from all backgrounds feel welcome, respected, valued and to have the sense of belonging**

Seminar contents

2 What is inclusion about?

Framework 1. Inclusion is about:

- **Creation of inclusive Cultures.**
- **Producing inclusive Policies.**
- **Evolving inclusive Practices.**

Seminar contents

2 What is inclusion about?

Framework 1. Inclusion is about:

To produce inclusive policies in a sports club, it is important to:

- **understand different needs and embedding inclusion in all their operations**
- **make people feel welcome, respected, and that they belong at the club, ensuring that there is no discriminatory behaviours within the club**
- **attract new members of the community who are looking for an inclusive environment (by increasing**

Seminar contents

2 What is inclusion about?

Framework 2. Inclusion is about:

- **Presence of all in the club.**
- **Participation of all in the club.**
- **Achievement of all in the club.**

Seminar contents

2 What is inclusion about?

Framework 2. Inclusion is about:

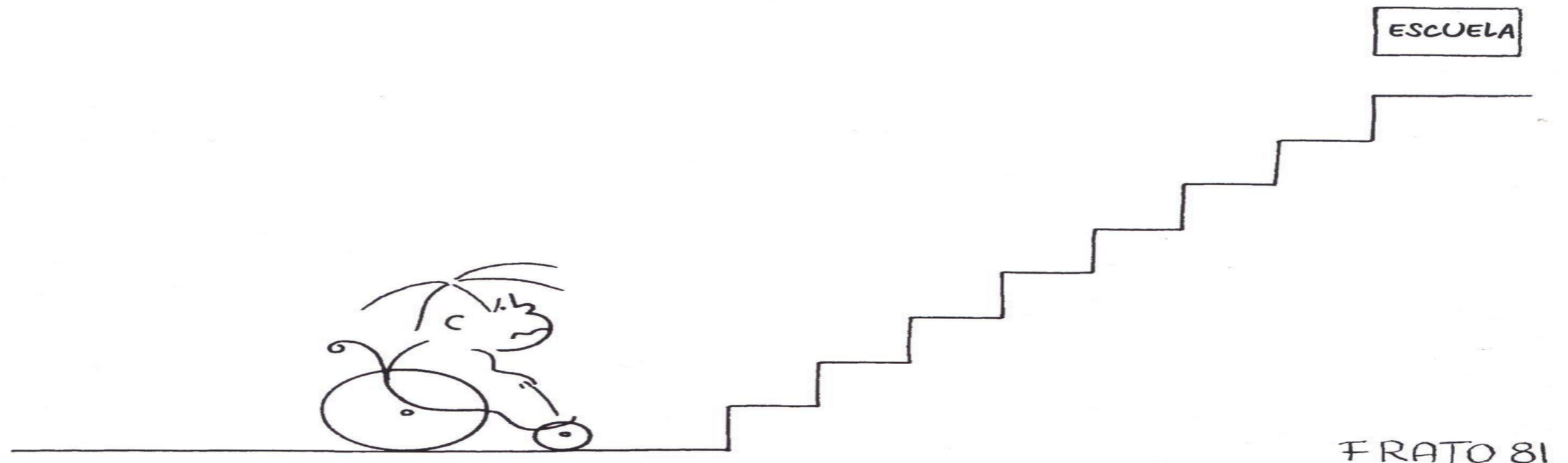
Inclusion can be limited by some barriers, the most important action then, is to analyse, detect and eliminate barriers.

Seminar contents

2 What is inclusion about?

Framework 2. Inclusion is about:

- **Presence, Participation and Achievement of all in the club.**



Seminar contents

2 What is inclusion about?

Framework 2. Inclusion is about:

- **Presence, Participation and Achievement of all in the club.**

Some examples of these barriers could be:

Social stigma

Lack of work on the attitudes of welcome and belonging to the club

Lack of understanding of the behaviours of certain cultures in relation to the club

Lack of communication between clubs and families

Seminar contents

What is going to be proposed in this seminar?

Transforming club actions

- Action 1. Discovering barriers.**
- Action 2. Getting to know each other.**
- Action 3. Building Belonging.**

Thank you!

Don't forget to implement, keep up to date and record the evolution of the transforming actions; and to read the manual support.

Good luck

***for doubts, don't hesitate to contact us / me (jesus.soldevila@uvic.cat)**